

SJUNews *FLASH*

A weekly email to share important information
and to alert you to upcoming events.

Article submission deadline: Thursdays at NOON

www.sjuned.org
[SJU Facebook](#)
[SJU YouTube](#)
SJUColumbia@gmail.com
(best way to contact the office)

JANUARY 27, 2023

SUNDAY WORSHIP SERVICE – 10:30 AM **LIVESTREAM FROM THE INTERFAITH CENTER**

Use this same link for EVERY SJU worship service!

[SJU Worship Service Livestream](#)

This worship service link is also posted on both our website and our Facebook page.

[SJU Website](#)

[SJU Facebook](#)

Our service also streams live on our Youtube page, beginning at 10:30 am.

[SJU YouTube](#)

We invite all persons back into worship on Sunday mornings at our 10:30 a.m. service in Room 4 of the Wilde Lake Interfaith Center. We hope you have been able to receive all COVID vaccinations and boosters, and will assist you in doing so, if you wish. Guests are welcome to participate fully in the worship service prayers and singing. When COVID positivity rates and hospitalizations are increasing, we strongly encourage you to wear a mask and safely distance yourself at your comfort level.

However, we ask that you stay home and worship with us virtually via our livestream broadcast at <https://wildelakecenter.org/streaming-now/> if you or a member of your household:

- have any [symptoms](#) of COVID-19, such as fever, cough, loss of smell, shortness of breath;
- are awaiting COVID-19 test results;
- have tested positive for COVID-19 in the last 10 days; or
- have had [close contact](#) with a person who has tested positive for, or who has symptoms of, COVID-19 within the past 10 days.

We ask that if you have traveled where the COVID positivity rate is 10% or greater, you refrain from in-person worship for 5 days and/or have a negative rapid test result before returning to in-person events, regardless of the Maryland or Howard County COVID positivity rate. We recommend double masking or using the KN95 or N95 masks.

As of 1/26/23, the COVID-19 positivity rate for Howard County is 12.6%.

SUNDAYS AT SEVEN (PM!) FELLOWSHIP – 7:00 PM – VIA ZOOM

Meeting ID: 835 8748 4349

Password: 940379

Join **online**:

<https://us02web.zoom.us/j/83587484349?pwd=MmhCampLL0tnMWhOc1hEWtBwQ29BQT09>

Or by **phone**: +1 301 715 8592 US

PRAYER MINISTRY AND PASTORAL CARE

This Week in Your Prayers (your prayers are felt and make a difference!):

- We ask for your prayers for **Trudy Snope**, whose husband, **Andy**, died on Jan 21. They are former members of SJU from the founding days with Barclay Brown. Details for the memorial service and reception on Saturday, March 25, are forthcoming. Trudy's home address is 11022 Thistle Brook Ct Columbia, MD 21044.
- The family of **Maxine Behling** wants you to know that our dear Maxine, age 90 1/2 years, died on Jan 25 in her residence at Charlestown Retirement Community. Her daughters, Beth, Barbara and Heidi, the absolute pride and joy of her life, are all very appreciative of the loving care, prayers, visits and messages of support and encouragement that Maxine received from her SJU family. At this time, Beth, who lives locally, is working to coordinate a memorial service and interment of Maxine, along with their father.
- Please pray for **Betsy Hudson**, who is receiving radiation and chemotherapy and other support to give her some strength during her cancer battle. Her husband, Tom, does not anticipate being able to move her from their home in Portland, Maine, where they are now. Tom is very appreciative of the faith, friendships and prayers that have supported Betsy all along. Cards are appreciated to Betsy Hudson, 50 West Street, Unit 2R, Portland, Maine 04102. Her email address is: betsy.l.hudson@gmail.com; and her cell phone for text messages is 443-812-1707.
- Please continue to pray for **Angelo Farmer**, living with late-stage pancreatic cancer, who is now scheduled to begin treatments on Tuesday, Jan 31st at the oncology center in Howard County. His wife, Sheryl, is very appreciative of the care, cards, and prayers of support they have received. She also wishes you to know that Joshua, their son, was hit by a car while riding his bike in the crosswalk of the intersection near Banneker Fire Station. By grace, he was not seriously injured, and received attention from emergency personnel in the police and fire departments. Cards may be sent to: Angelo Farmer, 5861 Harpers Farm Road, Columbia, MD 21044. You can send text messages to: 443-832-8378.
- Send prayers to **Judy Brown**, recovering from surgery comfortably at home.
- We celebrate that **Lynn Pakulla**, recovering at home from surgery, is continuing to strengthen with physical therapy. She has made good use of her time reading lots of books. She and **Gary** look forward to returning to SJU and seeing everyone in person. There are follow-up doctor visits in February and she is hopeful for good reports.
- Prayers for **Paul Broady**, recovering at home following a stay in the hospital.
- Lift up in prayer **Frances Nyorkor**, recuperating at home after a hospital stay.
- Continued prayers for **Evelyn Chesnutt**, who is making progress at home in her recovery, and for general health.
- Prayers for **Evann Ridgeway**, continuing her recovery at home following a hospital stay.
- Also, please continue your prayers for Mrs. **Jean Gibson, Pamela Love's mother**, for general health and strength.
- Our hearts and voices join in prayer for the **people of the Ukraine** and all who are experiencing fear and violence as a result of a conflict with Russia.
- Pray for our **church worldwide, pray for SJU and its leaders and members**, pray for one another, our neighbors, and for yourself and often. Pray for what burdens your heart and mind for the world, our nation and our neighborhood.

MISSED SJU'S ANNUAL MEETING ON SUNDAY, JANUARY 22, 2023?

This "edited file" is for those who missed the zoom meeting online. Enjoy.

~ from Chris Robinson

Click here:

[Jan 22nd Annual Meeting](#)

Calling All Kids and Kids at Heart!



Please join us to create Valentine cards & messages to
SHOW YOUR LOVE
for family and friends near and far!

We'll have the craft supplies including blank and
preprinted cards, you bring the creativity!

Can't wait to see you there!

P.S. You'll be home in plenty of time for the
Superbowl! ~ CJ Buche & Donna Hayman

FROM THE SOCIAL JUSTICE TEAM

Two events from the Baltimore/Washington Conference:

January 31: The BWC's **Gun Violence Prevention Team** and the Maryland Chapter of Moms Demand Action

From Jean Weller: Whether or not you have been active in the past and think you are getting too old for Advocacy, gun violence has gotten worse every week. Our Conference is supporting this MOM's Day in Annapolis, and I have reached out to Susan Bender and have copies of her suggestions she made for her church. We need people who have been affected by gun violence, or know someone who has, to be willing to fight the gun industry. Even if you have no personal story, if you believe the NRA and those legislators who are funded by them, are a threat to peace in our country, **then we need you to come to Annapolis** and let your voices be heard. This is the perfect time to tell the legislators that we want to make our children safer in our schools and neighborhoods.

We need a few SJU members to sign up today after church if you would like to go for the morning- to arrange a carpool. Or if you want to go for the day- to arrange a carpool. Or email Jean Weller (jweller123@comcast.net) to ask for the information to be emailed to you. Just CARE enough about this issue. The next Mass Shooting could be here in Columbia. In fact we had one, just not mass enough to get our attention.

PARKING: "Moms" people say you can park at the Navy-Marine Corps Memorial Stadium for \$5 and take the shuttle to Lawyers' Mall (Shuttle costs \$2/person, \$1/senior or student, each way). 511 Taylor Ave., Annapolis, MD. Enter through Gate 5 on the west side of Taylor Ave.

NOTE: For more information, you may also contact Susan Bender at susanbender@comcast.net or 301-379-4561. [RSVP](#)

February 2: Journey to Beloved Community: 6 Actions for Belonging and Becoming

This 8-session course will focus on six actions that you and community partners can take to grow in building beloved community and hence create spaces of belonging and becoming. [Learn more and register.](#)

GOT JOKES?

Jean Weller

The Sundays at 7 joke of the week (Jan 15) was won by none other than Roy Ferguson. Hooray for Roy!

“If you don’t keep me, I’ll break! What am I??”

Answer: *“A Promise”*

NEWS FROM HOWARD COUNTY OFFICE OF AGING AND INDEPENDENCE

Passage to Freedom Series—Bain 50+ Center / February 3, 10:30 a.m.

[Janice Curtis Greene](#) takes us on a storytelling journey from bondage to soaring with eagles. Now Maryland's official griot, Greene has been telling African American and multicultural stories for over 25 years. Free; register at the Bain front desk or call 410-313-7213.

Create & Celebrate: Black History Month—North Laurel 50+ Center

February 24, 10:30 a.m. to noon

Celebrate Black History Month with a presentation by Marla Moore from the Howard County Office on Human Rights & Equity. Enjoy crafting with Van Buren Wood Works and create a piece of art to take home! Free, sign up at the front desk.

YOUR CONTINUED GIVING IS APPRECIATED!

Please continue helping us meet our need so that all of our ministries and missions can continue and be prepared for the fullness of service in the coming months. Here’s how you can help:

Donate through GIVELIFY.

With Givelify, you have two options:

1. Download the GIVELIFY app (iphone or android), search for us by name (Saint John United Church) or phone number (410-730-9137), and follow the steps, or
2. Donate online through this link: [Donate Today](#) and search for us as explained above.



Donate by mail. Yvonne checks the mail for contributions, and makes weekly deposits.

Make your check payable to **ST. JOHN UNITED CHURCH**, and mail it (with or without including your contribution envelope) to:
St John United Church, 10431 Twin Rivers Rd, Columbia MD 21044

Donate through your bank or credit union. Set up St. John United Church as you would any other bill through your bank’s bill payment option.

DIRECTED DONATIONS

At this time, the Finance/Investment team asks that you please do not designate or direct your contributions to SJU toward a specific ministry unless asked. When SJU is aware that specialized ministries need funding, that need will be publicized in advance, and solicited for a specific time and use. The elected leaders of the Church Council are in continual discernment to guide all of SJU’s human, financial and spiritual resources in responsible and impactful ways, for the transformation of the world.

ONGOING SJU NEWS / LOCAL EVENTS OF INTEREST


[From Your Congregational Care Committee](#)

With the current steps to re-entry, the Congregational Care Committee no longer sees a need for the Caring/Sharing Help list to appear every week in the SJU News FLASH. Therefore, if anyone wishes to request any of the following services (transportation, errands, or computer help), they should contact: Evann Ridgeway (evann9@comcast.net) or Andrea Barnes (awbarnes00@aol.com)

[From Columbia Community Care](#)

SPECIAL NOTE:

Thanks to your generosity and the generosity of residents of Howard County the total number and selection of many non-perishable items has exceeded all expectations especially in areas such as canned goods.

For more information, see photo. 

COLUMBIA COMMUNITY CARE
(as of May 2022)

Currently there is an excess of items such as:

- Canned soups (all types)
- Canned green beans
- Canned potatoes
- Mac and cheese
- Ramen noodles

When making donations at the WLIFC it is requested that donors consider the following items which are in high demand:

- personal care items such as:
 - toothpaste
 - shampoo
 - bars of bath soap
 - baby diapers
 - baby wipes
 - sanitary napkins (rather than tampons)
- canned tomatoes, tomato sauce, tomato paste (rather than jars and cans of spaghetti sauce)
- pasta, spaghetti (not macaroni and cheese products)
- canned meats including tuna, chicken, corned beef, ham, Spam, Vienna Sausages, canned salmon
- sugar, flour, masa, rice, cooking oil
- household items such as paper towels and toilet paper

Please Note:
At WLIFC we are only collecting non-perishable food items and personal hygiene items for Columbia Community Care. We do not collect clothing, bedding, kitchen appliances, toys, medical supplies, books, magazines, mail, or other printed materials (cards and stationery). We also cannot collect food items that require refrigeration as there is no refrigeration available. These items may remain outside for a day or more creating problems with spoilage and contamination of other items placed in the totes.

Please do not leave home-made food items in the collection totes. Food items that are not properly packaged and placed in the closed totes may be consumed by animals.

Financial contributions are welcome by CCC and may be made directly through the CCC Facebook site or at <http://columbiacare.live>

The Columbia Community Care always needs volunteers to assist in distributing materials at the three pantries. Volunteers can assist in setting up the sites, sorting and working at distribution tables, or breaking down the site. See the CCC Facebook site for more information on how to volunteer.

Thanks to all for your generosity! Regards, Bud and Margaret Hunt

For current information on Columbia Community Care go to: [Columbia Community Care on Facebook](#) or <http://columbiacare.live>

[How YOU Can Find the Daily COVID-19 Positivity Rate for Howard County](#)

Here is the link to the website:

<https://www.howardcountymd.gov/health/covid-19#cases-dashboard>

You can get the date for the latest shown positivity rate on the screen by hovering the mouse over the end of the line in the Positivity Rate graph to see the "as of" date.



[HEY, IT's 2023!](#)

#19 I used to not even own a heating pad, those were the days...

 **The Mom at Law®**
@TheMomAtLaw · Follow

I'm at the age where my car's heated seats have evolved from being a simple luxury to a vital part of my health care routine.

9:33 AM · Oct 26, 2020

44 Likes · Reply · Copy link

[Read 2 replies](#)

CALENDAR: SCHEDULED FOR WEEK OF JANUARY 29 – FEBRUARY 5

All meetings are via Zoom unless otherwise noted;

links to any open meetings are in this issue

All meetings are open to the members and affiliates of SJU unless otherwise noted. Members are encouraged to connect, be engaged and invested in the life and leadership of this Body of Christ, the church! Contact SJUColumbia@gmail.com if you wish to receive meeting and contact information on anything below:

Sun, 1/29	10:30 am	WORSHIP SERVICE (<i>in-person & streaming</i>) (Liturgist: Chris Robinson)
	7:00 pm	SUNDAYS AT SEVEN (PM!) FELLOWSHIP
Wed, 2/1	2:00 pm	CONGREGATIONAL CARE COMMITTEE
Thu, 2/2	7:30 pm	CHANCEL CHOIR REHEARSAL (<i>Room 4</i>)
Sat, 2/4	8:00 am	COUNCIL RETREAT (<i>Room 4</i>)
	9:00 am	SJU MEN'S GROUP
Sun, 2/5	10:30 am	WORSHIP SERVICE (<i>in-person & streaming</i>) (Scheduled liturgist: Pamela Love)
	7:00 pm	SUNDAYS AT SEVEN (PM!) FELLOWSHIP

***Reminder: have your juice and bread/crackers prepared for holy communion on February 5th.**

Prayer Group Ministry: Anyone in the church may submit a prayer concern to a group prayer chain. Contact Judy Miller (quiltjudy@gmail.com), or Evelyn Chesnutt (lchesnutt@icloud.com). If you would like to be part of the Prayer Group Ministry, also contact Judy or Evelyn and let them know so they can add you to the distribution.

Pastoral Care: Self-Care in the Pandemic: Pastoral Care, Coaching and Spiritual Direction for Individuals or Households. Rev. Kanahan, a trained IFC Coach and Spiritual Director, is here to offer Pastoral Care, Coaching and Spiritual direction during this time. Hours are Tuesdays and Thursdays, 9-11 am or 6-8 pm. All 50-minute appointments and interactions are confidential and customized for your needs. She is willing to listen, encourage, pray or offer resources according to your request. Schedule your self-care consult by contacting her at: pastorkanahansju@gmail.com or 410-428-8090.

ADMIN OFFICE AND PASTORAL OFFICE HOURS: Yvonne is in the office for a few hours once a week, normally on Thursdays, and Pastor Mary Ka is in as needed each week. Because it might be several days before they can retrieve phone messages, please send them an email with any questions you have, for help you may need, or to make an in-office appointment.

SJUColumbia@gmail.com

PastorKanahanSJU@gmail.com

St. John United Church, 10431 Twin Rivers Rd., Columbia MD 21044

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Facebook: [SJU Facebook](#)

YouTube: [SJU YouTube](#)

Weekly deadline for submitting SJUNews *FLASH* articles is Thursday by 12 NOON.

**Send via email to SJUColumbia@gmail.com
Please include "FOR THE FLASH"
in your subject heading.**

